

Major activities:

Survey and Research

- 'Entitlement Index' to identify the right population.
- 'Self-enquiry tools' through which adolescent see sexuality issues from their own lens.
- 'Risk perception' one of the key indicator to see the changes in adolescent knowledge, attitude and perception.
- KABP(Baseline, mid line and end line)
- Study on empowerment of trafficked women
- Conduct cost and revenue analysis of MPRCs

Capacity building of youth and staff members for effective functioning of MPRC

- Nutrition training
- Community based first aid training
- Refresher training on skill birth attendance

Innovative strategies for cost recovery

- Development of marketing strategy
- Labeling and branding
- Training on social marketing

Capacity building of FPAN's service providers

- Reproductive health management training
- Study visit on young women's SRH
- Quality of care training

Educational programs

- SRH orientation to school, college adolescent, adolescent workers and club members
- Tin and trunk (Mini) library in YIC
- SRH Radio program through Regional Transmission, Surkhet
- Development of documentation report/documentary film
- Orientation to overcome stigma and discrimination
- Legal literacy classes

IEC/BCC materials production and distribution

- Poster on 'Chelibeti Bech Bekhan' in Nepali (3000pc)
- Poster on 'Chelibeti Bech Bekhan' in Maithali (2000pc) languages
- Dot game (100 pc)
- Snake and ladder game
- Vaestiliitto III Brochure (2000pc) on process



Trainings:

- Training on Social Marketing
- Community Based First Aid training
- Training to Peer group members
- Organizational Development training
- Report writing training
- Monitoring and Supervision training

Economic Empowerment of young women:

- Skill development training
- Micro credit financing scheme to support young women

Monitoring:

The monitoring system will be prepared to monitor the project activities in appropriate span of time.

- Collecting monthly narrative and financial reports
- Regular supportive supervision at all level of the project
- Meeting with clients to ascertain their views and satisfaction towards service provision
- Focus group discussion with target group
- Regular meeting with senior staff
- Quarterly meeting at district level
- Interactive meeting with stakeholders
- Annual review meeting at FPAN head office and branches

Supportive Supervision:

The implementation of project activities at various levels will be supervised on regular basis. During the supervision the supervisor will give effective coach, provide suitable guidance and feedbacks to concern people involve in implementation. Besides, the supervisor will also interact with the beneficiaries to take their views, suggestions and feedbacks. Prior to make supervision visit the staff will prepare supervisory plan and checklist.

Evaluation:

The project will use the following indicators for evaluation

- Number of young women that participated in the project activities
- Number of target group that received sexual and reproductive information and services
- Number of adolescent and youth that participated in the project programs

- Enrollment and continuation of project supported girls in school and campus
- Number of participants in trainings and orientations
- Number of youth forums formed and number of their members
- Increase in young women's income
- Increase in utilization of sexual and reproductive health services among adolescents and youth
- Increase in knowledge and skills of staff and youth volunteers
- Change in community behavior and attitude towards adolescents and young people.

Sustainability

- Integration
- Capacity building
- Demand generation and continued delivery
- Greater partnership
- Social marketing
- Establishment of MPRC and youth forum
- Formation of cooperative society

